

Name: _____ DOB _____ SS#(optional): _____

Preferred Name: _____ Preferred Pronouns: he/his, she/her, they/their, _____

Gender: _____ Sex Identified at Birth: _____

Email Address: _____ Phone: _____

We will not share your information with any third party outside of our organization.

Primary Care Provider: _____ Phone: _____

Emergency Contact : _____ Phone: _____

Pharmacy Name and Phone

Number: _____

1. Medical problems: (circle all that apply)

- | | | | |
|--------------------------|-----------------------|-------------------|-------------------------|
| High Blood Pressure | High Cholesterol | Diabetes | COPD |
| Congestive Heart Failure | Heart Attack | Kidney Disease | Urinary Incontinence |
| Polycystic Ovaries | Mitral Valve Prolapse | Joint Pain | Pseudotumor Cerebri |
| Asthma | Atrial Fibrillation | Chronic Fatigue | Heartburn (Acid Reflux) |
| Stomach Ulcers | Migraines | Stroke | Liver Disease |
| Gout | Deep Vein Thrombosis | Pulmonary Embolus | Depression |
| Anxiety | Sleep Apnea | MEN Syndrome | Bulimia/Anorexia |
| Back pain | Glaucoma | Cancer | |

End stage renal disease on dialysis (Please list renal dietitian name & Phone number)

2. Have you ever been treated for...

Drug abuse? Yes No

Laxative abuse? Yes No

3. Previous Surgeries/ procedures: (This includes all c-sections and hysterectomy, also include year of the procedure and if it was open or laparoscopic)

4. Are you pregnant or trying to get pregnant? Yes No

Have you had a tubal ligation, Essure procedure or IUD implanted for pregnancy prevention?

Yes No N/A

5. Do you have any allergies? Yes No

If yes – please list any drug allergies, and the type of reaction (for example, rash, or vomiting, or breathing difficulty) and level of severity (mild, moderate or severe):

6. Have you been hospitalized or seen in the ER for any reason (including psychiatric care) in the past year? Yes No

If Yes, please explain why (for example: chest pain, or abdominal pain, or car accident, etc):

Date:	What Hospital?	Reason for visit/admission?

7. Social history:

Do you smoke/ have you smoked in the past?

Yes / No # packs/day _____ # of years _____ Quit date: _____

Do you use tobacco products (dip, chew, e-cigarette)?

Yes No How often _____ # of years _____ Quit date: _____

Do you drink alcohol? Yes / No Amount _____ How often: _____

Do you work night shift? _____

8. Family History: (check all that apply)

- Morbid Obesity
 High Blood Pressure
 Heart Disease
 LungDisease
 Diabetes
 Bleeding Problems
 Cancer
 Blood clot
 MEN Syndrome
 Other

9. Activity History

- What is the most demanding physical activity you participate in? _____
- Can you walk for 1 block or 50 yards without stopping? Yes No
- Can you do light house work, like dusting or doing dishes, without stopping? Yes No
- Can you climb a flight of stairs without stopping? Yes No
- What limits your activity (for example, joint or back pain, chest pain, or shortness of breath, or balance limitations, or vision limitations)? _____
- Do you use any of the following devices for assistance?
 walker cane wheelchair other _____

10. Weight Loss Program History Form: Check all the following that you have tried

Have you tried?	Did you lose weight? If so, how much?
<input type="checkbox"/> Phentermine (Adipex)	
<input type="checkbox"/> Topiramate (Topamax)	
<input type="checkbox"/> Contrave	
<input type="checkbox"/> Liraglutide (Saxenda)	
<input type="checkbox"/> Other weight loss medication _____	
<input type="checkbox"/> Physician supervised weight loss program	
<input type="checkbox"/> Weight watchers	
<input type="checkbox"/> Prepared food program	
<input type="checkbox"/> Macro or calorie counting	
<input type="checkbox"/> Keto	
<input type="checkbox"/> Weight loss surgery	
<input type="checkbox"/> Other _____	

11. How motivated are you to lose weight? (1 not motivated at all -> 10 extremely motivated)

1 2 3 4 5 6 7 8 9 10

12. How confident are you that you can lose weight? (1 not confident at all -> 10 extremely confident)

1 2 3 4 5 6 7 8 9 10

13. Do you have a scale to weigh yourself at home? Yes No

14. Do you have a blood pressure cuff at home? Yes No

15. Are you currently experiencing any of the following problems on a frequent basis?

Constitutional:			GI:		
Fevers	Yes	No	Black, tarry stools	Yes	No
Chills	Yes	No	Bloody stools	Yes	No
Night Sweats	Yes	No	Abdominal pain	Yes	No
Unexplained Weight Loss	Yes	No	GU:		
SLEEP:			Painful urination	Yes	No
Daytime sleepiness	Yes	No	Blood in urine	Yes	No
Snoring	Yes	No	Musculoskeletal:		
Stop breathing during sleep	Yes	No	Joint pains	Yes	No
Morning headaches	Yes	No	Back pain	Yes	No
HEENT:			Frequent muscular pain	Yes	No
Frequent headaches	Yes	No	Neurologic:		
Difficulty eating or swallowing	Yes	No	Dizziness	Yes	No
Cardiovascular:			Seizures	Yes	No
Chest pain	Yes	No	Numbness	Yes	No
Difficulty breathing while lying down	Yes	No	Weakness	Yes	No
Shortness of Breath	Yes	No	Psychiatric:		
Palpitations	Yes	No	Depression	Yes	No
Lower extremity swelling	Yes	No	Anxiety	Yes	No
Respiratory:			Dermatologic:		
Frequent cough	Yes	No	Rashes	Yes	No
Pain on inspiration	Yes	No	Non-healing wounds	Yes	No
Wheezing	Yes	No	Endocrine:		
GI:			Frequent urination	Yes	No
Nausea	Yes	No	Frequent thirst	Yes	No
Reflux Symptoms (Heartburn)	Yes	No	Hematologic:		
Frequent Diarrhea	Yes	No	Easy bruising	Yes	No
Frequent Constipation	Yes	No	Bleeding of gums	Yes	No
			Frequent nose bleeds	Yes	No

11. How did you hear about Tulane Bariatric Center?

- Referred by a doctor Doctor's Name _____ Doctor's Specialty _____
- Social media (please circle) Facebook or Instagram
- Internet search
- Heard from a friend
- Other (Please describe) _____

Patient Signature: _____ Date: _____