

Patients on Dialysis: Protein Supplement

Proteinex15 Unflavored Directions:

60 grams of protein:

- Take 2 Tbsp; 4x/day (8 Tbsp/day)
- You will need ____ bottles for _____ days

90 grams of protein:

- Take 2 Tbsp; 6x/day (12 Tbsp/day)
- You will need ____ bottles for _____ days



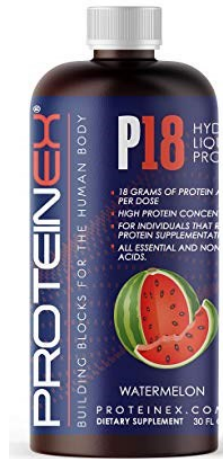
Proteinex18 (P18 or P100) Directions:

72 grams of protein:

- Take 2 Tbsp; 4x/day (8 Tbsp/day)
- You will need ____ bottles for _____ days

90 grams of protein:

- Take 2 Tbsp; 5x/day (10 Tbsp/day)
- You will need ____ bottles for _____ days



- 2 Tbsp of Proteinex counts as 1oz of fluids.
- There are 58 Tbsp in 1 bottle.
- You can purchase Proteinex on Amazon or www.bariatricpal.com; any flavor will work.